



T&C Sports Inclement Weather Guidelines

This Inclement Weather Guidelines applies for all activities at the T&C Sports Campus.

Monitoring weather conditions is the responsibility of game officials, coaches, tournament directors and organization administrators. Everyone should be aware of the potential dangers posed by different weather conditions and work together to keep players, coaches, officials, spectators and other visitors as safe as possible.

Lightning and Thunder

The Town & Country Sports Complex is now monitored by the Perry Weather warning system. The system monitors weather and measures atmospheric conditions at the T&C campus and surrounding area. When the conditions reach the threshold for **potential lightning**, an alarm will sound (**one long blast of the sirens**) and the strobe lights will begin to flash.

Steps to take when the Perry Weather sirens and lights are activated:

1. EVERYONE on the T&C campus must take immediate shelter, either in cars or in the T&C restrooms (these are the safest structures).
2. Only when the Perry Weather system gives the 'all clear' (**3 short siren blasts, the lights go off and the countdown timer on the Perry Weather display goes to Zero and show "Clear"**), **may activities resume.**

It is the responsibility of every adult on campus to comply with these steps, and to ensure that every child also complies. This is a **Zero Tolerance safety condition** for participating at T&C. Failure to comply is to do so at your own safety risk, and with possible expulsion from the T&C campus and future activities.

The Perry Weather System also monitors other inclement weather conditions.

Severe Storms

Severe storms can produce high winds, heavy rain, hail, lightning, thunder and tornados. If a severe storm approaches the T&C Campus, the safety of the players and spectators must be the number one priority for coaches and officials and may require that all activities be suspended while shelter is sought. In the event the on-field activities are suspended; everyone must vacate the field immediately and seek appropriate shelter.

Hot Weather

Heat becomes a problem when it prevents the body from cooling itself. The hotter the body gets, the more likely it is to increase fatigue levels, develop cramps and increase the possibility of heat exhaustion and heat stroke. The hotter and more humid the weather, the faster these problems can develop.

The following adjustments are recommended during hot weather:

Heat Index	Recommended Adjustments
Up to 89°	No adjustments
90° - 99°	One 2-minute water break per 30min
100° - 105°	Two 2-minute water breaks per 30min
105°+	Suspend Play

Cold Weather

Like heat, cold weather can become a player safety factor. Field conditions will be affected by freezing rain, sleet and snow. The ground may become frozen and unsafe for play. The weather and temperature should be monitored frequently. The following adjustments are recommended during cold weather:

Temperature*	Recommended Game Adjustments
46° and higher	No adjustments
36° - 45°	Allow additional clothing as detailed below
30° - 35°	Shorten games by 5 minutes per half Allow additional clothing as detailed below
29° and lower	Suspend games

* Temperature means the wind chill index or the ambient temperature if no wind is present (you should use the lower of the two temperatures for this purpose).

Additional Clothing:

Players should be allowed to dress in appropriate clothing to accommodate colder temperatures.

Allowable Additional Clothing	Clothing <u>NOT</u> Allowed for GAMES
<ul style="list-style-type: none"> • Long sleeve shirt, sweatshirt, jacket <i>(must be worn under jersey so referee can see number)</i> • Long pants, tights, leggings, sweatpants • Gloves or mittens • Stocking caps without straps • Headbands, ear warmers • Additional socks (under uniform socks) 	<p>The following items present a safety hazard and should not be allowed to be worn during games:</p> <ul style="list-style-type: none"> • Hooded sweatshirts and hooded jackets • Earmuffs • Scarves

