

Volleyball Grade Information



Grade 6 - 8 League Information

10 girls per team.

Teams will be formed based on the following:

- 1) Teams will be formed by geographic/middle school area and availability of coaches**
- 2) Buddy and/or coach request will be honored when possible if received by the posted deadline (provided that the buddy is registered & space is available on the requested team; if more than 10 girls request a coach, the date of the registration will be used).**
- 3) If the buddy/coach request conflicts with practice night availability, the player will be assigned to another team.**
- 4) Players who register during late registration will be placed on teams with spaces (buddy/coach requests and school/neighborhood may not be considered)**

This league will use the “Volley-lite” volleyball

Knee pads are required (practice & games)

Girls will play on a 7+ foot net

Server must rotate after 3 successful serves

Serve underhand or overhand (24ft line)

Rally Scoring (pts on each possession)

Parents are needed as coaches

A coaches meeting will be held the week prior to the first practice.

Girls will be notified of their team/coach after team assignments are received by the coaches.

PRACTICE: One practice per week on Tues or Wed at either Deerpark MS or Canyon Vista MS. The first practice is usually the last week of August.

SEASON: 6 Saturday matches followed by an end-of-season tournament. Matches consist of four 9-minute games.

REFUNDS: Refunds may be requested up until the first game. Refunds requested prior to team assignment will incur a 10% admin fee, refunds after team assignment incur a 25% admin fee. NO Refunds after games begin.