"Building a Community for Our Youth"

Town And Country Optimist Club
8900 Meadowheath Dr.
Austin, TX 78729

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1st & 2nd Grade League Basketball Rules -

This is an instructional league with all players wearing specific colored wristbands. Colors signify players' relative skill level as follows:

Black and Blue– more skilled player
Green and **Red**– less skilled player

It is the coach's job to match up the players by wristband colors. Mis-matches are unfair to both the skilled and unskilled player

Overall goal of the league is to move players up and down the court as quickly and safely as possible and create as many legitimate scoring opportunities as can be allowed.
Your goal: get every player to score and let different colors bring the ball up the court.

Running Clock is 8 minutes with 4 minute half-quarters. 4 timeouts allowed
Optional: when a team has 9 players in attendance, play extra 4 minute period
Choose bench opposite of warm-up basket(remind parents as they tend to sit where you are warming up.

How The Game Should Be Called – this is what we give our officials.

- **Traveling or moving the pivot foot** – This will happen a lot. When observed to be repetitive, referee should stop play and briefly correct the player and then give the team the ball back. If violations continue, turn the ball over to the other team. Tighten this call up after the first two games of the season on blue and black. Don't let a player get up from the floor with the ball.
- **No double teaming or zone defenses are allowed.** Match up by armband .
- **NO Stealing ball on defense,**
- **Double Dribbling to advance the ball** enforce more for black and blue wristbands.
- **Fouls that result in the ball turning over** to the other team should be called.
- **Fouls that result in a player not being able to get off a shot** should be called.
- **Rough defensive play and pushing will be called. Accidental stumbling or falling into another player** may not be called.
- **Pushing or warding off with the off hand while dribbling may be called.**

Remember there are no standings, and all players are winners for competing. Never officiate, just coach!