

Volleyball Game Day- Parent Information

1. Shelly Cortez and high school volleyball players will keep score/clock and officiate the games
Please be courteous to officials. If you do not understand a call, please ask your COACH later
2. WARM_UP: Each team will have 5 minutes on court; serving – 1 minute
After warm-up girls will put their volleyball away in bag or to parent, so they do not get left behind.
When girls are inside the school, hallway,Lobby,etc HOLD the VOLLEYBALLS
(ceiling ,wall are not for bumping)
3. Net height regular volleyball height approximately 7 feet 4 in
4. Match: 5 games of 8 minutes(last game 10minute) 6-8th grade 5 games 9 minutes each Point is awarded on each serve.
- 5 Captains: determine serve by rock,paper,scissors; then alternate remaining games.
Receiving team does not rotate on their first serve
- 6 One parent from each team will call lines at opposing corners.(corner opposite from server)
Ball hitting line is considered IN not out stand on the **corner** to see both lines(back & side)
- 7 **Serving:** Server may score no more than 3 points in succession. After the 3rd consecutive point is scored, next player in rotation on the same team serves. In Sept two tries to get serve over

Player should wait for official whistle before serving
If served ball touches net - play continues
Stepping over serving line means loss of serve (called in October)
3-5th underhand 10' line(red line) or overhand serve from 20' line(blue tape) MS league all serve from 24ft line
8. If ball hits ceiling and comes down on same side of net play continues.
Ball must go over the net and inside the antenna hitting antenna is out.
Four hits on side is violation, or 2 hits in succession by same player
Touching the net or stepping onto opponent court under the net is a violation but rarely called as no down official.
- 9.. playing time- minimum of 2 games per match --see line-up sheet available on web site.
Most important let coach know when you will not be at game
- 10 Girls may not wear jewelry and all hair items must be SOFT (Team Mom please help check)
11. We use the TachikaraVolley-Lite with 5psi air(don't over inflate,keep it soft)
Be sure name and phone is written on volleyball.
12. **Only water in gym, no gatoraide,etc. and no gum .**
13. Reminder We do not encourage siblings to be in the school during practice, if parents wish to attend practices, please make other arrangements for children.(exception first practice)
If absolutely necessary keep the sibling at your side the entire time.
14. Please have team meeting after match in hallway or outside.
Snacks to be distributed outside or hallway not gym. (especially doughnuts) Pick up afterwards